

ANNUAL REPORT OF UJJAWAL WOMEN'S ASSOCIATION

FOR THE YEAR April 2022- June 2023

Regular Projects

Ongoing skill development projects like Computer, tuition and tailoring classes are being held regularly. Computer and tuition classes at the UWA office in Chitra Vihar and stitching and tailoring at Mandavali and Pandav Nagar. Tuitions are ongoing and have become very popular amongst the residents nearby.



Computer, tuition and tailoring classes are being held at various centers of UWA

International Women's Day

Ujjawal Women Association organised a half day program to celebrate the International Women's Day on 28th March 2022 at Swasthya Vihar Club. The theme was- Women in Leadership Role: Achieving an Equal Future, those present, included Mrs. Bina Jain Chairperson, Mrs. Asha Gambhir Advisor and Dr. Yuthika Mishra President from UWA participated. The presence of Mrs. Rehana Begum, Treasurer AIWC gave the programme added value. Resource persons included Ms. Sarika Chawla, a soft skill trainer and personality coach. Ms. Pooja Kumar & Adv. Apoorva Thakur shared their challenges of life.

2nd April 2022 was also celebrated at its office as International Women's Day. A skit was performed by the young students of youth group. A light refreshment was enjoyed by all at the end of both the programmes.



Nomination of our member in Sexual Harassment Committees

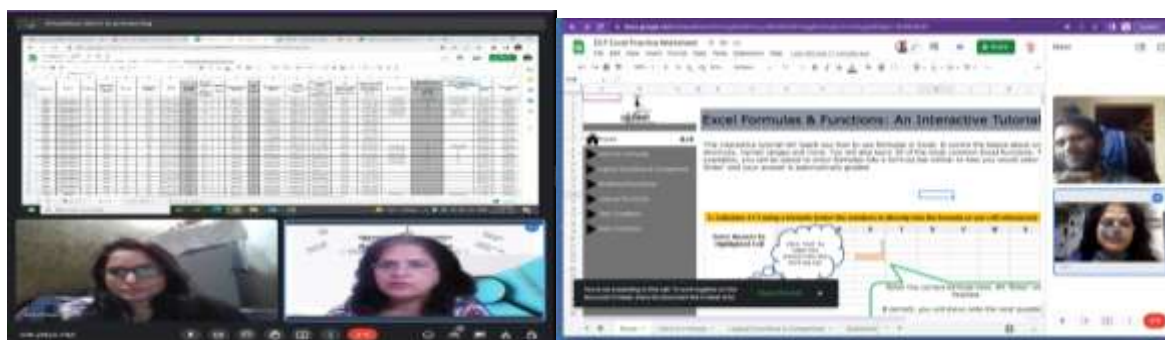
Mrs. Sharda Sharma, Executive Committee member has been nominated as member of the Sexual Harassment Committee by Northern Railways and also by the Ministry of Finance, Department of Expenditure. Her name had been forwarded by UWA to AIWC.

Langar and Scholarship distribution

A Langar and scholarship event was organised by UWA on 20th June 2022 at the Jhuggi Camp at Chitra Vihar. Food was distributed to about 600 persons and scholarship was given to five students of 10th and 11th class. It was also decided to hold a tuition cum literacy center in the building available in the Camp, for the needy, for free. This was contributed by Smt. Bina Jain, Smt. Kuljit Kaur and Smt. Jyotika Kalra.



Data Literacy Programme has also been undertaken from this year. In keeping with the times, it has been realised that the need for data collection and preservation is a very important requirement for organisations and institutions and therefore data literacy has a good scope nowadays. Under this project classes are being held regularly by our executive member Ms. Deepa Shukla, earlier in physical and now in online mode.



Screenshot of online classes of Data Literacy Programme

Campaign for Environmental Awareness

On 23rd July 12 members from UWA and 5 guests gathered for a tree plantation cum nature walk at the Conservation Education Centre at Asola Bhatti Mines. The Aravallis had been deprived of its forest cover due to the mining activity and it was only since it was declared as a protected area that efforts towards afforestation were being made. Ms. Geeta, who took the group through the plantation, shared information on different plants and the benefits of thickening the forest through tree plantations. To further the afforestation effort Mrs. Bina Jain, Founder and Chairperson of UWA, Dr. Yuthika Mishra, President, Mrs. Kiran Sinha, Secretary, Mrs. Asha Gambhir, Advisor, Mrs. Sheela, Mrs. Rashmi Nigam, Mrs. Chitra, Mrs. Shoma Dhar, Mrs. Suniti Jauhari, Ms. Gopika Bhandari and other members as well as students planted a number of trees. This was followed by a nature walk wherein members got the opportunity to see rare birds, insects and different varieties of trees. The day was wrapped up with members and guests receiving saplings which they promised to plant and nurture.





Azadi ka Amrit Mahotsav, 13th August 2022

Azadi ka Amrit Mahotsav was celebrated at UWA's Chitra Vihar office on 13th August. Mrs. Bina Jain, Founder and Chairperson of UWA inaugurated the celebration and spoke about the importance of the Amrit Mahotsav and the freedom that each one of us enjoys. Mrs. Kiran Sinha, Secretary UWA spoke about the participation of women in the freedom movement. To promote the 'Har Ghar Tiranga' initiative all members had brought along flags which was also given to the other participants. The event ended with all participants enthusiastically joining in singing the National Anthem.



Vegetable Organic Farming under Environment and Climate Change Project 2022

'The Vegetable Organic Farming under Environmental and Climate Change' project was sanctioned to UWA. The purpose of the project was to sensitize and create awareness on the benefits of organic food and managing kitchen waste by turning vegetable and fruit peels into manure. The project was inaugurated on 27th September by Mrs. Bina Jain, Founder and Chairperson UWA together with Mrs. Seema Mittal and Mrs. Rajni Rastogi experts from the Indraprastha Horticultural Society. Besides UWA members, residents from the DDA flats Chitra Vihar and students of the Beautician Course also attended the programme. At the inauguration soil was prepared with manure, dry leaves, etc. and all participants planted seeds

in the soil. 10 mentors have been trained on the advantages of organic farming and the process of converting kitchen waste into manure. Each mentor will work with three beneficiaries who will be taught the benefits of organic farming. Through this the important message will filter down the pyramid touching more people in the society.

At an informal meeting at AIWC on 10th October discussion and demonstration of how to use these baskets was done. Members were thus encouraged to take forward this initiative and in November it was decided to extend this project by another two months. A lecture by an expert from Pusa Institute will also be organized on the subject.



Participation in Shilpkala Utsav, 10-12 October 2022

An annual women artisans crafts bazaar by All India Women's Conference Head Office was held from October 10 – 12, 2022 themed around Azadi Ka Amrit Mahotsav and Odisha. There were 67 stalls by women artisans and Ujjawal also put up its stall of embroidery and paintings by our members, Ms. Vibha and Ms. Sushil. It was inaugurated by Shri

Bishweshwar Tudu, Hon'ble Minister of State for Tribal Affairs and Jal Shakti alongwith H.H. Rashmi Bhanjdeo, Maharani Mayurbhanj. They spent some time in our stall and appreciated the handiwork of UWA members. Chairperson, Ms. Bina Jain gifted them the art work made by members of UWA.



H. H. The Maharani of Mayurbhanj and Hon'ble Minister of State for Tribal Affairs and Jal Shakti were presented with paintings made by UWA member Ms. Sushil

Gita Divas was observed on 3rd December 2022

On the occasion of Gita Jayanti, Gita Divas was observed at our center in which students of various programmes were given a small copy of Gita which had the gist of various *sholakas*.

Inspirational talk was given by the President, Secretary and other members of UWA and the message of Gita was explained to the students of all ages by the team. More specifically, the values of truth, work and persistence as contained in Gita were conveyed and the youngsters were encouraged through stories and examples to imbue these values.





Seminar on 'Trauma of Victims of Sexual Violence and Role of Scientific Evidence and Compensation' in observance of creating awareness about 'Elimination of All Forms of Violence and Discrimination against Women'

A seminar on the above topic was organized by UWA on 9th December 2022 at the Swasthya Vihar Club. This was funded by AIWC. Mrs. Bina Jain, Founder and Chairperson UWA inaugurated the seminar. Mrs. Jyotika Kalra was the first speaker, who as a member of the NHRC in 2022 had filed many PIL's protecting the rights of women. She spoke about how stalking and voyeurism often leads to sexual assaults and even death of the victim. She also elaborated on the change in the definition of 'rape' and shared information on how a victim could apply for compensation from the state. Mrs. Yogita Bhayana was the key speaker of the day. As a working member of the NCW Mrs. Bhayana was instrumental in the Nirbhaya case getting national prominence. Mrs. Bhayana currently heads the People Against Rapes in India (PARI), a campaign that seeks to support rape survivors and help them get justice. In her address she emphasized on the need for society to support rape victims and shared information on how each one can volunteer or lead the effort to sensitize society against sexual violence. The talks were quite interactive and were followed by a lengthy question and answer session in which everyone participated. The seminar was attended by about fifty persons and the constituent branch members also attended this important event.



Ujjawal Women's Association Report from January- March 2023

The first half of 2023 has seen a flurry of activities at Ujjawal Women's Association. Apart from the regular stitching projects there are a lot of other activities to report. Given below is a brief snapshot of all the activities that have been made possible by the active participation of the members.

Visit of Foreign Researchers

2023 started with an important visit to our Chitra Vihar Office. On January 5, 2023 UWA had the honour of hosting the visit of a group of researchers from the US who were interested in learning about all our projects. This is part of their regular visits to AIWC. This time round President Mrs. Sheela Kakde brought them to UWA center to show them our programmes. This gave us an opportunity to showcase our work. They interacted with the students of the computer and tuition classes and were happy to spend some time with them getting to know about the courses and its benefits. While the group was appreciative of all the work that UWA was involved in, they were very impressed with the organic vegetable farming project. Kudos to the team for sharing the details of the project and the status.



Republic Day Celebrations

On January 24, 2023 Ujjawal Women's Association celebrated Republic Day, National Girl Child Day and International Education Day. Kiran Sinha, Rashmi Nigam and Monica Gupta organized the function. The students at the Centre were told about the importance of Republic Day. Besides this, they learned about the Constitution and also the Rights and Duties of each

Indian citizen. As we were celebrating the National Girl Child Day, the students were made aware of the fact that the right for education is not only for boys. Girls too have equal right to receive education and also the freedom to express their opinions. With respect to International Education Day students were told about the work of UNESCO in promoting education across the world to ensure that every individual everywhere had the right and access to education and learning. The celebration came to a close with the singing of the national anthem and the distribution of sweets and biscuits to the participants.



Medical Camp – February 20-21, 2023

A two day Free Medical Camp was organized at the Chitra Vihar Office. Day 1 was for Blood Tests and Day 2 for Doctor Consultation. Pamphlets were distributed in the surrounding areas informing and encouraging people to participate and take advantage of the free camp. The camp was a huge success. A special thanks to Asha Gambhir for connecting UWA with donor Mahinder Khanna and his Trust, without which the camp would not have been possible.





Certificate Distribution

Students of the Computer Centre who had finished their course were felicitated and Certificates were distributed to them by Chairperson Bina Jain.



Nutrition Programme

On February 21, 2023 a new initiative, Nutrition Programme, was started at the Chitra Vihar office of UWA. Under this initiative 1-2 nutritious food items will be given to the students at

the Centre every week. This project has been sponsored by Mr. Piyush Jain a well wisher from Australia. The objective is to provide a variety of nutritious food to the students every week.



National Science Day

On February 28, 2023 Ujjawal Women's Association celebrated National Science Day with the students at the Centre. Nutritious food was also distributed to students under the weekly nutrition programme.

National Wildlife Day

National Wildlife Day was celebrated on March 3, 2023 at the Chitra Vihar Office. Ms. Kiran Sinha, Secretary together with Ms. Monika and Ms. Suniti led a discussion on wild life with the students. The students enthusiastically participated in the discussion on the wild life in our country and the protection that is needed for the endangered species.

Under the ongoing nutritious food distribution programme colourful idlis and grapes was distributed to all the students.

International Women's Day

On March 13, 2023 Ujjawal Women's Association together with its constituent branches held a successful programme to celebrated International Women's Day at the Swasthya Vihar Club. The key theme of the programme was 'DIGITALL: INNOVATION & TECHNOLOGY FOR GENDER EQUALITY'. The event started with a cultural programme and was followed by informative and inspiring speeches by Ms Bina Jain, President, East Delhi branch and Patron AIWC and the three Presidents of the East Delhi Branches, including Dr. Yuthika Mishra President UWA and the young technology experts led by Ms. Kirti Singh. Special invitees Sushma Jindal, President Indraprastha Women's Development Council and Ms. Sapna Acharya, President Vikas Mahila Sangam shared their perspectives on Gender Equality and other relevant issues. The huge audience included members from all branches and also members of UWA Youth group. As part of the weekly nutritious food distribution programme students enjoyed healthy and tasty frankies.



National Vaccination Day

On March 16, 2023 National Vaccination Day was celebrated at UWA's Chitra Vihar office with the sharing information on the benefits of vaccinations and the importance of being vaccinated to students and community participants.

Fruits were distributed on this occasion as part of the nutritious food distribution initiative. We have also started taking measurements of children in order to keep a record of their physical growth and a record is being maintained of the nutrition programme.



World Water Day

World Water Day and Martyr's Day was celebration at the Chitra Vihar office of Ujjawal Women's Association on March 23, 2023. Over 35 students participated in the event where information was shared and discussion was encouraged on conservation of water resources and access to clean potable water.



Festival celebrations

Holi was celebrated by members of UWA with flowers and sumptuous food. The festival of Ram Navami was celebrated with the students at the Chitra Vihar office on March 29, 2023 together with the distribution of nutritious food. On April 6, 2023 an event was organized to celebrate Mahavir Jayanti at the Ujjawal Women's Association office at Chitra Vihar. Students were told about the significance of Mahavir Jayanti and nutritious food was also distributed.



C-20 Education & Digital Transformation

On April 13, 2023 the East Delhi Branch organized a deliberation to develop a recommendation to be sent to as part of the C20 under the aegis of the G20 summit. The topic was 'C20 – Education & Digital Transformation'. The key note speaker at the event was Prof.(Dr) Pam Rajput. Prof. (Dr) Viney Kapoor Mehra was the Chief Guest and Mr. Asif Aazmi was the Guest of Honour.

All speakers shared their rich knowledge on the topic under discussion and the audience had the opportunity of listening to different perspectives and challenges in driving Education and Digital Transformation.



Children's Workshop

On May 14, 2023 a workshop for the tuition children was organized at UWA's Chitra Vihar office. Students who participated were in the age group 4-7 years. The workshop facilitated by Secretary Kiran Sinha and Member Monika encouraged the children's creativity by asking them to use their imagination and produce drawings. All drawing material was provided by UWA. The students put together beautiful drawings including a sketch of Ganeshji that was drawn by a 5-year-old. The talent on display was simply amazing.



Peace Walk Campaign

Ujjwal Women's Association was invited to join the Peace March being organized by the Korean NGO HWPL and IWPG. UWA also has an MOU with the latter organisation. The peace march was scheduled on May 28, 2023 and commenced from ITO. It was a very successful march and was also covered by the international press.



Environment Day

On Sunday June 4, 2023 Environmental Day was celebrated at the Chitra Vihar Office of UWA. Participating members planted saplings and the children painted beautiful images to raise awareness on environmental issues. Everyone also participated in an outdoor activity of picking up plastic waste and presented eco friendly cotton and paper bags to residents and chanted slogans encouraging people to avoid plastic. Secretary Kiran Sinha spoke on the ill effects of plastic and pollution and ways to mitigate the same. An oath was taken by all participants to minimize plastic usage.

